

National Federation of State  
High School Associations



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**2011-12 NFHS Wrestling Rules Book Clarifications:** (Underlining shows additions; ~~striketrough~~ shows deletions.)

**Page 24, Rule 5-18:** Out of bounds occurs when a supporting part of both wrestlers is ~~on and/or~~ beyond the boundary line.

**2011-12 NFHS Wrestling Case Book Clarifications:** (Underlining shows additions; ~~striketrough~~ shows deletions.)

**Page 57, 8.1.6 SITUATION D:** In dual-meet competition, a wrestler on the bench commits flagrant misconduct. What is the penalty for this infraction and how does it affect the team score? **RULING:** The penalty for this infraction would be removal from the premises for the remainder of the event and three points deducted from the team total. You would also remove any points this individual had earned for the team should the wrestler have already won ~~a previous match(es)~~. in this dual meet only. (7-4-3)

**SITUATION 1 (8-2-1c):** Wrestler A takes his/her second injury time-out at the conclusion of the second period and his/her opponent (Wrestler B) already has choice at the beginning of the third period. Wrestler B will have choice to start the third period and will now also have the added choice at the first restart after the beginning of the third period. (a) After the third period has started, Wrestler B takes his/her second injury time-out and the match is stopped; or (b) during the third period there is no restart for Wrestler B, so does his/her choice on the first restart carry over to overtime?; or (c) Wrestler B takes the top position to start the third period. After the third period has started and the wrestlers go out of bounds, Wrestler B chooses the neutral position on the first restart. **RULING:** In (a), Wrestler B will still get the choice on the restart. Now on the next restart in the third period only, Wrestler A will get the choice. In (b), No, since there was no restart in the third period, Wrestler B does not get to carry over the choice to overtime. The choice on the first restart only applies to the third period. In (c), this is permissible by rule and no escape point is earned by Wrestler A as this is a choice on the first restart by Wrestler B.

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